

PRE-HEALTH ADVISING GUIDE

Dear Student:

Welcome to SUNY New Paltz's Pre-Health Professional Students' Web Page. As an undergraduate, you will make many important decisions – from choosing appropriate academic courses, community service work and campus activities, to applying to the most appropriate professional schools for your interests and talents. Here you will find the information, guidance and time-tested tips you need to prepare for your future as a health care professional. As soon as you begin your undergraduate education, you should establish a plan to acquire all the necessary skills, background and recommendations you will need to gain admission to a professional program of your choice. Your objective requires consistent, careful planning; as your prehealth professional advisor, it is my responsibility to help you in meeting your goals. This web page was established to make this important, seemingly enormous task go smoothly and successfully.

We have compiled the "Pre-Health Students' WebPage" to give you a concise but detailed understanding of the involved health career planning process. Please read this material carefully and familiarize yourself with our policies and with professional school procedures. You should use this guide as your initial planning tool. But you also should consult other sources of information, for example: *The Premedical Planning Guide* by Jane Diehl Crawford and *Medical School Admission Requirements* published by the AAMC (American Association of Medical Colleges). In addition, you should check out the information available at various health professional association web pages (<http://www.newpaltz.edu/pre-health/links.html>).

The time is now to plot your course. If you have any questions, drop me a note.

Sincerely,

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