This **eight-semester plan** (see important details [here](http://catalog.newpaltz.edu/undergraduate/additional-information-about-8-semester-plans)) is intended to guide a first-year student through a four-year undergraduate career, with completion of an academic major and all college-wide degree requirements. The plan is designed as an **advising tool** – a starting point for careful discussions between a student and his/her academic adviser. In consultation, the student and adviser will adjust the plan to accommodate the student's prerequisite needs, transferred credits, and other such variables.

Students are responsible for reviewing their Progress Reports ([here](https://www3.newpaltz.edu/progressreports)) each semester to track their own progress toward degree requirements.

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
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<tr>
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| Gen Ed: Natural Sciences (NSCI) | 3          |
| **Spring** |                                            |         |
| Content Area Studies |                                      | 3       |
| Content Area Studies |                                      | 3       |
| Upper-Division Electives |                                      | 9       |
| **Credits** |                                            | 15      |

| **Year 4** |                                            |         |
| **Fall** |                                            |         |
| PSY498  |                                            | 3       |
| Upper-Division Major Elective |                                      | 3       |
| Upper-Division Electives |                                      | 9       |
| **Credits** |                                            | 15      |
| **Spring** |                                            |         |
| Electives |                                            | 10      |
| Upper-division Elective |                                      | 3       |
| **Credits** |                                            | 13      |

**Total Credits**: 120

1. Must be completed before major is declared.
2. List A: Select three courses. Each of the three may come from either this list or may be an additional course coming from ANY of the content area categories. PSY273 Psychology of Adjustment, PSY293 Psychology Select Topic, PSY295 Indep Study Psychology, PSY307 Evolutionary Psychology, PSY309 Constructivism, PSY318 Group Behavior, PSY320 Behavior Modification: Principles and Procedures, PSY330 Crisis Intervention, PSY442 Psychological Study of Social Problems, PSY493 Selected Topic, PSY494 Fieldwork In Psychology, PSY495 Independent Study Psychology, PSY497 Internship in Psychology.