COUNSELING (COU)

COUS01. Ethics and Professional Identity in Counseling. 3 Credits.
Overview of ethics and professional identity in counseling.

COUS05. Professional Roles in Counseling. 3 Credits.
Overview of counseling supervision models practices and processes; theories, models, and processes of consultation; and qualities, principals, skills, and styles of effective leadership and change agent.

COUS10. Counseling Theories. 3 Credits.
Contemporary theories of counseling and psychotherapy.

COUS15. Counseling Skills. 3 Credits.
Contemporary counseling skills. Techniques from approaches such as analytic, person-centered, cognitive-behavioral, and family systems.

COUS20. Career Development, Counseling, and Assessment. 3 Credits.
Career counseling theory and practice. Models of career development and implications of these models for career counseling and assessment across diverse populations.

COUS25. Multicultural Counseling. 3 Credits.
Reviews knowledge and research in multicultural counseling. Teaches skills useful in counseling individuals from diverse populations; focus on personal awareness about stereotypes and how they may impact counseling diverse clients.

COUS30. Practicum in Mental Health Counseling. 3 Credits.
Continued development and practice of skills learned in COUS15: Counseling Skills. Application of ethical/legal standards, socio-cultural/ diversity issues, and professional skills including documentation and treatment planning in mental health counseling; includes supervised practicum experience in mental health counseling setting.

COUS35. Practicum in School Counseling. 3 Credits.
A 100-hour semester long experience working in schools learning about and practicing the various roles and responsibilities of a school counselor. The course includes an in-class training component with includes group supervision, conduction case conferences, applying counseling theories relevant to school counseling.

COUS40. Psychopathology. 3 Credits.
Reviews approaches to psychopathology, particularly as they pertain to counseling. Examines systems for conceptualizing, comprehending, and understanding those diagnosed with psychopathology. Covers theoretical approaches and the Diagnostic and Statistical Manual of Mental Disorders.

COUS45. Group Dynamics and Counseling. 3 Credits.
Theory and practice of group counseling. Examines group dynamics and theories of group development in counseling contexts. Techniques and principles of group counseling, with special emphasis on implications for school and mental health counseling settings.

COUS50. Couple and Family Counseling. 3 Credits.
A variety of approaches to family and couples therapy including psychoanalytic, behavioral, transgenerational, structural, strategic and systems will be examined. The theory and technique of Bowen, Minuchin, Haley, and the Milan associates will be emphasized.

COUS55. Assessment. 3 Credits.
Theoretical and applied examination of issues pertinent to personality and intellectual assessment. Introduces practical applications (administration, scoring, interpretation, and report-writing), as well as theoretical issues (ethics, utility, reliability, and validity).

COUS51. Counseling Skills. 3 Credits.
Application of ethical/legal standards, socio-cultural/diversity issues, and professional skills including documentation and treatment planning in mental health counseling; includes supervised practicum experience in mental health counseling setting.

COUS52. Multicultural Counseling. 3 Credits.
Reviews knowledge and research in multicultural counseling. Teaches skills useful in counseling individuals from diverse populations; focus on personal awareness about stereotypes and how they may impact counseling diverse clients.

COUS53. Practicum in Mental Health Counseling. 3 Credits.
Continued development and practice of skills learned in COUS15: Counseling Skills. Application of ethical/legal standards, socio-cultural/diversity issues, and professional skills including documentation and treatment planning in mental health counseling; includes supervised practicum experience in mental health counseling setting.

COUS54. Psychopathology. 3 Credits.
Reviews approaches to psychopathology, particularly as they pertain to counseling. Examines systems for conceptualizing, comprehending, and understanding those diagnosed with psychopathology. Covers theoretical approaches and the Diagnostic and Statistical Manual of Mental Disorders.

COUS55. Group Dynamics and Counseling. 3 Credits.
Theory and practice of group counseling. Examines group dynamics and theories of group development in counseling contexts. Techniques and principles of group counseling, with special emphasis on implications for school and mental health counseling settings.

COUS56. Couple and Family Counseling. 3 Credits.
A variety of approaches to family and couples therapy including psychoanalytic, behavioral, transgenerational, structural, strategic and systems will be examined. The theory and technique of Bowen, Minuchin, Haley, and the Milan associates will be emphasized.

COUS57. Assessment. 3 Credits.
Theoretical and applied examination of issues pertinent to personality and intellectual assessment. Introduces practical applications (administration, scoring, interpretation, and report-writing), as well as theoretical issues (ethics, utility, reliability, and validity).

COUS58. Counseling Skills. 3 Credits.
Application of ethical/legal standards, socio-cultural/diversity issues, and professional skills including documentation and treatment planning in mental health counseling; includes supervised practicum experience in mental health counseling setting.

COUS59. Multicultural Counseling. 3 Credits.
Reviews knowledge and research in multicultural counseling. Teaches skills useful in counseling individuals from diverse populations; focus on personal awareness about stereotypes and how they may impact counseling diverse clients.

COUS60. Practicum in Mental Health Counseling. 3 Credits.
Continued development and practice of skills learned in COUS15: Counseling Skills. Application of ethical/legal standards, socio-cultural/diversity issues, and professional skills including documentation and treatment planning in mental health counseling; includes supervised practicum experience in mental health counseling setting.

COUS61. Psychopathology. 3 Credits.
Reviews approaches to psychopathology, particularly as they pertain to counseling. Examines systems for conceptualizing, comprehending, and understanding those diagnosed with psychopathology. Covers theoretical approaches and the Diagnostic and Statistical Manual of Mental Disorders.

COUS62. Group Dynamics and Counseling. 3 Credits.
Theory and practice of group counseling. Examines group dynamics and theories of group development in counseling contexts. Techniques and principles of group counseling, with special emphasis on implications for school and mental health counseling settings.

COUS63. Couple and Family Counseling. 3 Credits.
A variety of approaches to family and couples therapy including psychoanalytic, behavioral, transgenerational, structural, strategic and systems will be examined. The theory and technique of Bowen, Minuchin, Haley, and the Milan associates will be emphasized.

COUS64. Assessment. 3 Credits.
Theoretical and applied examination of issues pertinent to personality and intellectual assessment. Introduces practical applications (administration, scoring, interpretation, and report-writing), as well as theoretical issues (ethics, utility, reliability, and validity).
COU593. Counseling Selected Topic. 1-12 Credits.

COU595. Indep Study Counseling. 1-12 Credits.

COU599. Comprehensive Exam Workshop. 0 Credits.
Non-credit workshop for students who wish to devote the semester immediately following the completion of their coursework to prepare for the comprehensive exam.

COU610. Research Methods and Program Evaluation. 3 Credits.
The primary objective of this course is to enable you to develop the necessary knowledge and skills that are essential for becoming a critical producer of empirical research.

COU771. Internship in Mental Health Counseling 1. 3 Credits.
First half of intensive supervised internship experience in mental health counseling agencies. The sequential training experience presents students with an increasingly advanced understanding of the roles and duties of mental health counselors. Course includes on-site supervised training experience in addition to in-class training component.

COU772. Internship in Mental Health Counseling 2. 3 Credits.
Second half of intensive supervised internship experience in mental health counseling agencies. The sequential training experience presents students with an increasingly advanced understanding of the roles and duties of mental health counselors. Course includes on-site supervised training experience in addition to in-class training component.

COU781. Internship in School Counseling 1. 3 Credits.
First half of an intensive supervised internship experience in mental health counseling agencies. The sequential training experience presents students with an increasingly advanced understanding of the roles and duties of mental health counselors. Course includes on-site supervised training experience in addition to in-class training component.

COU782. Internship in School Counseling 2. 3 Credits.
Second half of intensive supervised internship experience in school counseling. The sequential training experience presents students with an increasingly advanced understanding of the roles and duties of school counselors. Course includes on-site supervised training experience in addition to in-class training component.

COU795. Independent Study Counseling. 1-12 Credits.